

**The PMA Insurance Group
Workers' Compensation Medical Care Plan**

**City of Stamford
And
Stamford Board of Education**

EFFECTIVE DATE OF PLAN

**IS: 7/1/2021
Revised: 10/1/2022,
12/22/22, 1/24/23**

Prepared for:

**PMA Management Corp. of New England
101 Barnes Road
Suite 300
Wallingford, CT 06492**

City of Stamford and Stamford Board of Education

Medical Care Plan

To All Employees:

City of Stamford and Stamford Board of Education has elected to become a participating employer in an Employers Medical Care Plan filed with the Connecticut Workers' Compensation Commission. The Employer Medical Care Plan allows City of Stamford and Stamford Board of Education to direct employees to a list of medical providers for treatment of work-related injuries and illnesses. **Employees are obliged to obtain treatment from providers in the approved plan; failure to do so may suspend an employees' right to receive workers' compensation benefits, subject to the order of a Worker's Compensation Commissioner.** The City of Stamford and Stamford Board of Education Employer Medical Care Plan is part of **The PMA Insurance Group Medical Care Plan**, of PMA Management Corp. of New England, the employer's risk management firm. The effective date of the Employers Medical Care Plan is July 1, 2021.

As an employee of City of Stamford and Stamford Board of Education, you must report a work-related injury or illness to your supervisor, who will complete a First Report of Injury Form before the end of the shift. If you require medical intervention or evaluation for your injury, you will be directed to your choice from an occupational health center to receive treatment. If you require further medical treatment, contact your program coordinator. If you have a medical emergency, go to the nearest emergency department.

You may obtain follow-up medical care from providers listed on The PMA Insurance Group Medical Care Plan directory, which is available through your program coordinator. Should your injury require specialty treatment not available in The PMA Insurance Group Medical Care Plan, a consultant from an approved list established by the Workers' Compensation Commission may be chosen for your treatment.

Please review the medical care plan guide, and sign the Employee Acknowledgment, recognizing your understanding and that you have read and understand the process for treatment of work-related injuries or illnesses.

If you are out of work as a result of your work-related injury, you will be contacted regularly by your program coordinator and/or **The PMA Insurance Group Medical Care Plan** Claims Coordinator to determine that your medical needs are met. Each of you is an important member of the **City of Stamford and Stamford Board of Education** and the purpose of this program is to ensure you receive appropriate medical treatment in a timely manner to facilitate recovery.

The City of Stamford and Stamford Board of Education Medical Care Plan includes a utilization review company which is available to you should there be any questions or disputes about the level and/or quality of care.

The Management staffs at City of Stamford and Stamford Board of Education, PMA Management Corp. of New England are available to assist you from the time of your injury through recovery and return to work.

TWELVE QUESTIONS

You Ask About Workers' Compensation Protection.

1. What is Workers' Compensation?

The purpose of Workers' Compensation is to provide injured workers and those who depend upon them with a means of support when they are unable to work because of a **work-related** disability. Its purpose also is to bring about a prompt recovery. Workers' compensation is basically a no-fault system with benefits paid, no matter who is responsible.

2. What is a "Work-Related Injury or Illness?"

The term "Work-Related Injury or Illness" is used to describe any injury or disease which results from work or working conditions, and which occurs during the employee's service to the employer.

3. Who handles a Workers' Compensation claim?

PMA Management Corp. of New England is the claims administrator for City of Stamford and Stamford Board of Education. They administer all compensation benefits an injured worker is entitled to receive. If you have any questions about workers' compensation, contact your program coordinator or PMA Management Corp. of New England.

4. How do you get benefits?

Report the injury to your supervisor immediately! Just specify what, where when and how it happened, enough information so that he/she can complete the First Report of Injury form.

Prompt reporting is the key. Benefits are automatic for work-related injuries or illnesses. But nothing can happen until your employer knows about the injury, no matter how slight. Even a cut finger can be disabling if an infection develops.

5. What if you need prescription drugs?

All prescriptions needed because of a workers' compensation illness or injury are reimbursed by workers' compensation insurance.

6. What is the compensation for total disability?

Compensation for Total Disability is money that you receive if the Medical Provider certifies that your illness or injury causes you to lose more than three (3) days of work. You can expect that the amount will be 75% of your net earnings, subject to a minimum and maximum determined by law.

City of Stamford and Stamford Board of Education and PMA Management Corp. of New England work closely with the Medical Provider. When the Medical Provider releases you to return to full duty, the temporary disability wage support stops.

7. What if the doctor releases you to modified work?

Bring your physician's written instructions to your program coordinator immediately. City of Stamford and Stamford Board of Education will try to provide you with a temporary modified duty position to meet your doctor's specified restrictions. If the pay rate for your modified duty position is less than the pay rate for your regular position, your weekly compensation will be 75% of the difference in the after tax earnings between the two positions.

8. What is permanent disability?

Permanent disability is a term, which describes the lasting effect of an on-the-job injury or illness. If you have a permanent physical limitation from your injury or illness, PMA Management Corp. of New England provides you with additional payment. As you would expect, the amount of payment depends upon the effect of the injury. The State of Connecticut Workers' Compensation law establishes a schedule for payment of permanent disability injuries or illnesses based on your percentage of disability, as determined by your physician and your salary at the time of the injury.

9. Where do you obtain medical treatment?

Prompt medical care is a key element to a fast recovery from an injury or illness. Emergency medical care and medical follow-up treatment can often mean the difference between complete recovery from an injury or lasting physical disability. If you become injured at work, **GET EMERGENCY MEDICAL CARE IMMEDIATELY FROM THE NEAREST EMERGENCY DEPARTMENT OR MEDICAL CARE PLAN MEDICAL CENTER.**

If you are injured during regular working hours, you should report your injury to your supervisor and proceed to a plan primary care center. If you become injured when the centers are closed, you should go to the nearest **emergency department.**

10. What if you need continuing medical treatment?

In the event an employee's injury requires additional medical care beyond the initial visit to the emergency department, a choice of a primary care physician will continue to provide necessary treatment and referrals to specialists when needed.

Should your injury require specialty treatment not available in The PMA Insurance Group Medical Care Plan, a consultant from an approved list established by the Workers' Compensation Commission may be chosen for your treatment.

Employees are required to obtain treatment from providers in the approved plan. Failure to do so may suspend an employee's right to receive workers' compensation benefits, subject to the order of a Workers' Compensation Commissioner.

11. What if you have further questions?

If you have further questions regarding your workers' compensation benefits, contact your program coordinator or PMA Management Corp. of New England Claims Manager at 1-203-679-3900 or 1-888-476-2669.

12. What if you question your medical treatment?

Coventry can review the medical care and services being provided to you. They can be contacted at 1-800-272-1255.

Modified Duty Procedure

Policy

City of Stamford and Stamford Board of Education will provide modified duty whenever possible to all employees who have a reduced work capacity as a result of an occupational injury/illness.

Purpose

To permit the injured employee to remain in the work environment and to affect an expedient return to his/her regular job.

1. The designated Workers' Compensation Coordinator for City of Stamford and Stamford Board of Education will initiate and maintain contact with both the employee and his/her supervisor following a work-related injury.
2. The physician will be asked to assess the employee's ability to return to duty in either a full or modified capacity, based on a description of the employee's regular work. The physician must specify in writing the type and duration of any restriction.
3. The designated Workers' Compensation Coordinator will inform the department supervisor of the employee's readiness to return to work, identifying full or limited work capacity.
4. Based on the physician's determination of the employee's work capacity, the supervisor must decide if the employee's job may be modified by temporarily:
 - (a) Eliminating or modifying specific tasks.
 - (b) Reducing the work hours and/or days.
 - (c) Reassigning the employee to a more appropriate position.
5. If the unit or department is unable to place the employee in a suitable position, the administrator will try to locate an appropriate position in another unit or department.
6. The employee will be reevaluated at the end of each restriction period and the position will be modified according to the employee's progress. Both the employee and department supervisor will be informed of what should be expected of the employee at each stage.
7. At the end of eight weeks, the employee will be evaluated as to the need to extend modified duty, resume full duties, be permanently reassigned to a more appropriate position or be directed to a retraining program offered by the State of Connecticut.

City of Stamford and Stamford Board of Education

I, the undersigned employee of City of Stamford and Stamford Board of Education, have reviewed a copy of the City of Stamford and Stamford Board of Education Employer Medical Care Plan Requirements. I understand that failure to follow the plan's requirements may suspend my rights to receive workers' compensation benefits subject to the order of a workers' compensation commissioner.

Print Name _____

Employee Signature _____

Date _____

The Workers' Compensation document "*Payor and Medical Provider Guidelines to Improve the Coordination of Medical Services*" is available for viewing by employees. A copy will be provided to any employee upon request. Otherwise, this document is available from the injured employee's Supervisor, Manager and/or Department Head.

I have not requested a copy of the "*Payor and Medical Provider Guidelines to Improve the Coordination of Medical Services*" at this time. I understand I can request a copy at any time.

Employee's Signature _____

Date _____

**City of Stamford and Stamford Board of Education
Medical Network for Workers' Compensation**

Emergency care may be obtained at the nearest emergency department or center. For your convenience the closest emergency department to your primary place of employment is:

Emergency Care	
<p>Bridgeport Hospital 267 Grant Street Bridgeport, CT 06610 (203) 384-3000</p> <p>Danbury Hospital 24 Hospital Avenue Danbury, CT 06810 (203) 739-7000</p> <p>Greenwich Hospital 5 Perry Ridge Road Greenwich, CT 06830 (203) 863-3000</p>	<p>Norwalk Hospital 35 Maple Street Norwalk, CT 06856 (203) 852-2000</p> <p>Saint Vincent's Medical Center 2800 Main Street Bridgeport, CT 06606 (203) 576-6000</p> <p>Stamford Hospital 30 Shelburne Road Stamford, CT 06904 (203) 325-7000</p>
Primary Care Center	
<p>Yale New Haven Health – Long Ridge Medical Center 260 Long Ridge Road Stamford, CT 06902 (203) 863-3483 Mon-Fri 8a-5p</p> <p>Concentra Urgent Care 15 Commerce Rd 3rd Floor Stamford, CT 06902 (203) 324-9100 Mon-Fri 8a-5p</p>	<p>AFC Doctors Express Urgent Care - Stamford 3000 Summer Street Stamford, CT 06905 (203) 969-2000 Mon-Fri 8a-8p</p>

Cardiologists

<p>Advanced Cardiovascular Specialists 439 Mill Hill Avenue Bridgeport, CT 06610 (203) 334-2100 Amir, Doron, M.D. Kanin, Elenita, MD</p> <p>Advanced Cardiovascular Specialists 52 Beach Road Fairfield, CT 06824 (203)255-4401 Amir, Doron, M.D. Kanin, Elenita, M.D.</p> <p>Cardiology Physicians of Fairfield County 40 Cross Street Suite 200 Norwalk, CT 06851 (203) 845-2160 Augenbraun, Charles B., M.D. Lorenz, David P., M.D. Pittaro, Michael, M.D.</p>	<p>Cardiac Specialists, PC 1305 Post Road Fairfield, CT 06824 (203) 292-2000 Casale, Linda R., M.D. Chiravuri, Murali M.D. Driesman, Mitchell H., M.D. Fisher, Lawrence, M.D. Fishman, Robert F., M.D. Kunkes, Steven H., M.D. Meizlish, Jay L., M.D. Pollack, Brian, M.D. Raymond, Ronald, M.D. Schusheim, Adam E., M.D. Taikowaski, Richard L., M.D. Tuohy, Edward R., M.D. Winslow, Robert, M.D.</p>	<p>Cardiology Associates of Fairfield County 1177 Summer Street Stamford, CT 06905 (203) 353-1133 Augenbraun, Charles B., M.D. Berman, Jeffrey N., M.D. Jumper, Roert D., M.D. Kirmser, Ralph J., M.D. Labarre, Robert L., M.D. Lorenz, David P., M.D. Michaelson, Stephen P., M.D. Nero, Thomas A., M.D. Pittaro, Michael, M.D. Portnoy, Edward, M.D. Selter, Jared M.D.</p> <p>Stamford Health Medical Group 29 Hospital Plaza, Suite 502 Stamford, CT 06902 (203) 348-7410 Choi, Joonun (Chris), M.D. D’Onofrio, Gregory R., M.D.</p>
---	---	---

Chiropractic Medicine

<p>Accel-Health 970 Summer Street Stamford, CT 06905 (203) 348-0123 Malkiel, Reuben DC</p> <p>Bellows Chiropractic 25 Lindeman Drive Trumbull, CT 06611 (203) 373-0315 Bellows, Kevin DC</p> <p>J. Ilan Burstein, D.C., P.C. 6 Wishing Well Lane Stamford, CT 06902 (203) 325-8112 Burstein, J. Ilan, DC</p>	<p>Michael S. LaMonica, D.C., PC 500 Newfield Avenue Stamford, CT 06905 (203) 327-1170 LaMonica, Michael S, DC</p> <p>Richard W. Beck, D.C., P.C. 89 West Street Danbury, CT 06810 (203) 743-4834 Beck, Richard W, DC</p> <p>Orthopaedic Specialty Group, P.C. 305 Black Rock Turnpike Fairfield, CT 06825 (203) 337-2600 Carr, Brett M, DC</p>	<p>Connecticut Orthopedics 888 White Plains Road Trumbull, CT 06611 (203) 268-2882 Pagliari-Haywood, Michelle, DC</p> <p>Connecticut Orthopedics 330 Bridgeport Avenue Shelton, CT 06484 (203) 538-0021 Pagliari-Haywood, Michelle, DC</p>
--	---	--

General Surgery

<p>Kathleen A. LaVorgna, M.D., PC 40 Cross Street, Suite 260 Norwalk, CT 06851 (203) 846-3338 LaVorgna, Kathleen MD</p> <p>Park Avenue Surgical Associates 5520 Park Avenue, Suite 207 Trumbull, CT 06611 (203) 373-9015 Kenler, Andrew, MD</p>	<p>Stamford Health Medical Group (SHMG) 1500 Boston Post Road, 2nd Floor Darien, CT 06820 (203) 276-5959 Papa, Joey, MD</p> <p>Stamford Health Medical Group (SHMG) 29 Hospital Plaza, Suite 603 Stamford, CT 06902 (203) 276-5959 Dwyer, Kevin, MD Papa, Joey, MD Symons, William, MD</p>
---	--

Neurosurgery

<p>Western Connecticut Medical Group AKA Nuvance Health Medical Practice 33 Hospital Ave Danbury, CT 06810 (203) 792-2003 Sanderson, Scott, MD</p> <p>Elite Brain & Spine of Connecticut 148 East Avenue, Suite 3D Norwalk, CT 06851 (203) 853-0003 Sanderson, Scott, MD</p> <p>Orthopaedic & Neurosurgery Specialists 6 Greenwich Office Park Greenwich, CT 06831 (203) 869-1145 Apostolides, Paul, MD Camel, Mark H, MD Simon, Scott I, MD</p>	<p>Orthopaedic & Neurosurgery Specialists 5 High Ridge Park 3rd Floor Stamford, CT 06902 (203) 869-1145 Simon, Scott L., MD</p> <p>Roger H. Kaye, MD, P.C. 30 Stevens Street Norwalk, CT 06856 (203) 853-0004 Kaye, Roger H, MD</p> <p>Orthopaedic Specialty Group, P.C. 305 Black Rock Turnpike Fairfield, CT 06825 (203) 337-2600 Zimmerman, Gary MD Gorelick, Judith, MD</p>	<p>Stamford Health Medical Group 70 Mill River Street, Suite LL3 Stamford, CT 06902 (203) 324-3504 Rosenstein, C. Cory, MD</p> <p>Stamford Health Medical Group 25 Valley Drive Greenwich, CT 06831 (203) 324-3504 Rosenstein, C. Cory, MD</p>
--	--	--

Ophthalmology

<p>Danbury Eye Physicians Surgeons 69 Sandpit Road, Suite 101 Danbury, CT 06810 (203) 791-2020 Altman, Bruce S, MD Daccache, Armand, MD F alkenstein, Ralph J, MD Johar, Archana, MD Paul, Matthew D, MD Ruggiero, Paul L, MD Zamecki, Katherine MD Zuckerman, Stephen J, MD</p>	<p>Joan T. Gewirtz, M.D., P.C. 70 Mill River Street Stamford, CT 06902 (203) 348-0868 Gewirtz, Joan T, MD</p> <p>Delia M. Manjoney, M.D., P.C. 2720 Main Street Bridgeport, CT 06606-5308 (203) 576-6500 Manjoney, Delia M, MD</p>	<p>Norwalk Vision Center 148 East Avenue, 3C Norwalk, CT 06851 (203) 866-3280 Arkin, Martin, OD</p> <p>Anesthesia Associates of Southern CT 129 Kings Highway North Westport, CT 06880 (203) 227-4113 Doctor, Leslie C, MD</p>
---	--	--

Orthopedics

Haik G. Kavookjian, MD, PC
40 Cross Street
Norwalk, CT 06851
(203) 846-0040
Kavookjian, Haik MD

Haik G. Kavookjian, MD, PC
555 Newfield Avenue, Suite 2
Stamford, CT 06905
(203) 358-0661
Kavookjian, Haik MD

Connecticut Orthopedics
1800 Post Road East
Westport, CT 06881
(203) 254-1354
Campbell, Curtis, MD
Redler, Michael R., MD
Sandrowski, Kristin, MD

Connecticut Orthopedics
1055 Post Road
Fairfield, CT 06430
(203) 254-1055
Boone, Peter S., MD
Redler, Michael R., MD
Spak, James I., MD

Connecticut Orthopedics
888 White Plains Road
Trumbull, CT 06611
(203) 268-2882
Boone, Peter S. MD
Girasole, Gerald J. MD
Martin, David J. MD
Redler, Michael R. MD
Spak, James I. MD

**OSSM: Orthopedic Surgery
and Sports Medicine**
166 Cherry Street
New Canaan, CT 06840 ()
(203) 323-7331
Brodsky, Adam R., MD
Brooks, Jeffrey J, MD

**Orthopaedic & Neurosurgery
Specialists**
6 Greenwich Office Park
Greenwich, CT 06831
(203) 869-1145

Berlinger, Jonathan, MD
Cantlon, Matthew B., MD
Clain, Michael R., MD
Cunningham, James G., MD
Delos, Demetris MD
Ennis, Jr., Francis MD
Greene, Ronald "Timothy", MD
Hindman, Steven E., MD
Kavanaugh, Brian F., MD
Kowalsky, Marc S., MD
Miller, Seth R., MD
Sethi, Paul M., MD
Vadasdi, Katherine MD
Vitale, Mark A., MD
Wei, David H, MD

**Orthopaedic & Neurosurgery
Specialists**
5 High Ridge Park, 3rd Floor
Stamford, CT 06905
(203) 869-1145
Cantlon, Mathew B, MD
Cunningham, James G., MD
Delos Demetris, MD
Hindman, Steven E, MD
Kowalski, Marc S., MD
Vadasdi, Katherine, MD
Vitale, Mark A., MD

Orthopaedic Specialty Group, P.C.
2909 Main Street
Stratford, CT 06614
(203) 377-8154
Awad, John M.D.
Backe, Jr., Henry, MD
Bindelglass, David F., MD
Brittis, Dante, MD
FitzGibbons, James, MD
Kwok, Patrick, MD
Malin, Joel W., MD

Orthopaedic Specialty Group, P.C.
305 Black Rock Turnpike
Fairfield, CT 06825
(203) 337-2600
Awad, John, MD
Backe, Jr, Henry, MD
Bindelglass, David F., MD
Brittis, Dante, MD
FitzGibbons, James MD
Kwok, Patrick, MD
Malin, Joel W., MD
Richer, Ross MD
Stanton, Robert, MD

**Plancher Orthopaedic and Sports
Medicine**
31 River Road, Suite 102
Cos Cob, CT 06807
(203) 863-2003
Plancher, Kevin MD

Yale Orthopaedic Associates
800 Howard Avenue
New Haven, CT 06519
(203) 785-2579
Baumgaertner, Michael, MD
Grauer, Jonathan MD
Medvecky, Michael, MD
Swigart, Carrie, MD

Yale Orthopaedic Associates
48 Wellington Road
Milford, CT 06460
(203) 785-2579
Baumgaertner, Michael, MD
Friedlaender, Gary, MD
Grauer, Jonathan MD
Jokl, Peter, MD
Keggi, Kristaps, MD
Lindskog, Dieter, MD
Medvecky, Michael, MD
Pelker, Richard MD
Reach, John MD
Swigart, Carrie, MD
Whang, Peter G. MD
Yue, James MD

Westmed Medical Group
1281 East Main Street
Stamford, CT 06902
(203) 325-4087
Haas, Andrew, MD
Hughes, Peter, MD
Gitelman, Alex, MD
Schmidt, William Tracy, MD
Silver, Marc, MD
Slate, Emily, MD

Orthopedics

Ortho Connecticut

131 Kent Rd
New Milford, CT 06776
(860) 355-8000

Bazos, Andrew N, MD
Ganal, Edmund A, MD
Mullen, John E, MD
Rashkoff, Evan MD
Viola, Anthony R, MD
Yaghoubian, Robert, MD

Ortho Connecticut

2 Riverview Dr. Fl 1
Danbury, CT 06810
(833) 678-4628

Atanda, Abiola A, MD
Bazos, Andrew N, MD
Brand, Michael G, MD
Ciminiello, Angelo M, MD
Depuy, James W, MD
Diaz, Julio A, MD
Digiovanni, Giuseppe, MD
Dunleavy, John P, MD
Henshaw, Douglas R, MD
Hermantin, Frank U, MD
Insel, Aaron N, MD
Kloth, David S, MD
Lunt, John G, MD
Mulieri, Philip J, MD
Mullen, John E, MD
Patel, Archit V, MD
Rashkoff, Evan, MD
Sealey, Randolph J, MD
Viola, Anthony R, MD
Wolfson, Theodore S, MD
Yaghoubian, Robert, MD

Ortho Connecticut

90 Grove St. Suite 107
Ridgefield, CT 06877
(203) 797-1500

Brand, Michael G, MD
Ciminiello, Angelo M, MD
Depuy, James W, MD
Dunleavy, John P, MD
Henshaw, Douglas R, MD

Ortho Connecticut

761 Main Avenue, Suite 115
Norwalk, CT 06851
(203) 845-2200

DeLuca, Jeffrey V., M.D.
Frank, Joshua B. M.D.
Lynch, Michael M., M.D.
Protomastro, Paul M.D.
Soojian, Michael G. M.D.

Ortho Connecticut

323 Riverside Ave, 1st Floor
Westport, CT 06880
(203) 845-2200

DeLuca, Jeffrey V., MD
Protomastro, Paul MD
Soojian, Michael G. MD

Ortho Connecticut

36 Old Kings Highway South
Darien, CT 06820
(203) 845-2200

DeLuca, Jeffrey V., MD
Frank, Joshua B. MD
Lynch, Michael M., MD
Soojian, Michael G. MD

Pain Management/ Physiatrist/Rehab Medicine

Ortho Connecticut - Advanced Spine and Pain Care, LLC

970 Summer Street
Stamford, CT 06905
(203) 324-2128

Xiong, Yuting (David), MD

Connecticut Pain & Wellness Center

52 Beach Road Suite 204
Fairfield, CT 06824
(203) 319-9355

Anand, Rahul, MD

Greenwich Hospital Physical Medicine- New Haven Hospital

2015 West Main Street
Stamford, CT 06902
(203) 863-2880

Freedman, Janet E, MD

Greenwich Occupational Health Services

2015 West Main Street, Floor 2
Stamford, CT 06902
(203) 863-3483

Grant, Linda F., MD

Orthopaedic Specialty Group, PC

305 Black Rock Turnpike
Farfield, CT 06825
(203) 337-2600

Saba, Ramsey, MD

Saffir, Michael, MD

Ortho Connecticut

36 Old Kings Highway South
Yarlen, CT 06820
(203) 845-2200

Bast, Brian A., DO

Ortho Connecticut

61 Main Avenue, Suite 115
Norwalk, CT 06851
(203) 845-2200

Bast, Brian, A., DO

Ortho Connecticut -

36 Old Kings Highway South
Darien, CT 06820
(203)845-2200

Bast, Brian A, DO

Ortho Connecticut -

61 Main Avenue, Suite 115
Norwalk, CT 06851
(203)845-2200

Bast, Brian A, DO

Ortho Connecticut -

323 Riverside Ave, 1st Floor
Westport, CT 06880
(203)845-2200

Bast, Brian A, DO

Orthopedic & Neurosurgery Specialists

6 Greenwich Office Park
Greenwich, CT 06831
(203)869-1145

Heftler, Jeffrey M, MD

Kessel, Tamar, MD

Levchenko, Aleksandr, DO

Sahler, Christopher S, MD

Connecticut Orthopedics -

888 White Plains Road
Trumbull, CT 06611
(203)268-2882

Cohen, Isaac MD

WestMed Medical Group

1281 East Main Street, 4th Floor
Stamford, CT 06902
(203)325-4087

Illig, Andrew, DO

WestMed Medical Group

1281 East Main Street, 4th Floor
Stamford, CT 06902
(203) 325-4087

Illig, Andrew, DO

Physical Therapy Services

<p>Elevated Physical Therapy - Stamford 1234 Summer Street, Suite 102 Stamford CT, 06905 (203) 653-7269 Fioretti, Pamela PT, DPT</p> <p>Elevated Physical Therapy – Darien 19 Old Kings Highway South, Suite 120 Darien, CT 06820 (203) 653-7269</p> <p>Innovative Health & Rehabilitation 698 West Avenue Norwalk, CT 06850 (203) 852-9903</p> <p>Integrated Rehabilitation Services 144 Morgan Street Stamford, CT 06905 (203) 965-0609</p> <p>Orthopaedic & Neurosurgery Specialists Physical Therapy 6 Greenwich Office Park Greenwich, CT 06831 (203) 869-1145</p> <p>Orthopaedic Specialty Group, P.C. 305 Black Rock Turnpike Fairfield, CT 06825 (203) 337-2600</p> <p>Connecticut Orthopedics 888 White Plains Road Trumbull, CT 06611 (203) 268-2882 Martin, David, J MD</p> <p>Premier Medical Group 31 Strawberry Hill Avenue Stamford, CT 06902 (203) 325-8888</p>	<p>Select Physical Therapy - Bridgeport 4675 Main Street Bridgeport, CT 06606 (203) 373-0551</p> <p>Select Physical Therapy - Danbury 30 Germantown Road Danbury, CT 06810 (203) 797-1504</p> <p>Select Physical Therapy – Fairfield 222 Post Road, Suite E Fairfield, CT 06824 (203) 255-8888</p> <p>Select Physical Therapy - New Milford 131 Kent Road New Milford, CT 06776 (860) 350-3330</p> <p>Select Physical Therapy- Newtown 12 Queen Street Newtown, CT 06470 (203) 426-0004</p> <p>Select Physical Therapy - Shelton 2 Ivy Brook Road Shelton, CT 06484 (203) 924-2853</p> <p>Select Physical Therapy - Stratford 2505 Main Street, Bldg. 2 Stratford, CT 06615 (203) 375-0891</p> <p>Select Physical Therapy – Trumbull 115 Technology Drive Trumbull, CT 07711 (203) 268-8888</p>	<p>Stamford Hospital Physical Therapy 945 Summer Street Stamford, CT 06905 (203) 614-8289</p> <p>Temple Physical Therapy 444 Foxon Road East Haven, CT 06512 (203) 468-4620</p> <p>Temple Physical Therapy Physical Therapy Service Center 680 South Main Street Suite 102 Cheshire, CT 06410 (203) 272-3120</p> <p>Temple Physical Therapy 230 George Street NewHaven, CT 06510 (203) 498-5980</p> <p>Westmed Medical Group 1281 East Main Street Stamford, CT 06902 (203) 325-4087</p> <p>OSSM: Orthopedic Surgery and Sports Medicine 166 Cherry Street New Canaan, CT 06840 (203) 323-7331</p>
--	---	--

PLEASE NOTE: If an employee requires the services of a specialist that is not available in The PMA Insurance Group Medical Care Plan, the Employee will be offered a choice of a specialist physician on the approved list of practicing medical providers established by the Commissioner.